

TREATMENT MENU

SIGNATURE RITUALS

Pure Ritual Full Body Massage | 90 minutes £100

A slow, grounding head-to-toe full-body massage using warm oil, sound bowl, seasonal scents and a calming scalp ritual. A deeply restorative experience for body and mind.

Pure Glow Signature Facial | 60 minutes £75

A holistic facial treatment combining facial massage, Gua Sha sculpting, cooling ice globes, gentle acupressure and scalp massage.

Encourages radiance, reduces tension and supports natural glow.

Pure Rest & Reset Ritual | 60 minutes £75

A soothing blend of upper-body massage, head massage and facial acupressure. Ideal for stress, overwhelm and emotional reset.

MASSAGE

Deep Rest Full Body Massage | 60 minutes £75

A flowing, nurturing massage designed to calm the nervous system and release tension.

Back, Neck & Shoulder Pure Knot Unwind Massage | 45 minutes £60

Focused relief for areas of built-up tension. Includes scalp massage. Ideal for posture strain, desk work and stress.

Anti-Stress Massage | 30 minutes £50

Relax your nervous system with a focused treatment in the back, neck and shoulders. Expect to feel lighter and restored.

FACIALS

Pure Glow Signature Facial | 60 minutes £75

Signature sculpt and pure glow facial treatment combining facial massage, Gua Sha lymphatic drainage, cooling ice globes and gentle acupressure. A scalp massage is included. Encourages radiance, reduces puffiness, eases tension and supports natural glow.

Mini Facial | 30 minutes £50

A calming facial treatment to brighten and glow. Includes massage and acupressure for facial tension, jaw release, and relaxation. A beautiful standalone or add-on.

Quiet Mind Face Ritual | 60 minutes £75

Face, neck, shoulder and scalp massage with lymphatic drainage and sound healing frequency. An invitation to slow down your mental chatter and surrender into deep relaxation

HEAD & SCALP

Face Scalp Neck & Shoulder Massage | 45 minutes £60

A deeply relaxing treatment focusing on the face, scalp, neck and shoulders. Encourages mental clarity and emotional release.

The No Oil Headspace Scalp Ritual | 45 minutes £60

A nourishing, sensory scalp massage using slow, rhythmic techniques including hair twizzling, acupressure and light pulling: PURE bliss. Includes shoulder, neck and face massage.

ADD-ON ENHANCEMENTS

Gua Sha facial sculpting | 15 mins +£15

Stress Reset scalp massage | 15 mins +£15

Guided pranayama (yogic breathing) | 15 mins +£15

1-1 Yoga | At your home. Price on request

SEASONAL SPECIALS

Summer Grounding Ritual | 90 mins £100

A calming full-body massage infused with soft floral scents to settle the mind and ease summer tension. A deeply grounding massage for the feet, legs, abdomen, arms, neck, shoulders, face and scalp followed by cool ice globes to soothe and refresh the skin. A slow, restorative ritual to revitalise and bring you back into balance.